DATE: Saturday, April 30, 2011 at 8:00 a.m.

LOCATION: Starts on Forest & 28th adjacent to Drake Stadium

FEE: Register Online at www.GetMeRegistered.com through Wednesday noon - April 27
$20 (8 km) and $25 (Half) via postal mail through Wednesday - April 20
$25 (8 km) and $35 (Half) at packet pick-up on Friday 4 to 7 p.m. - April 29
$30 (8 km) and $40 (Half) at packet pick-up on Saturday 7 to 7:30 a.m. - April 30
No refunds on entry fees or transferring of race numbers

PACKET PICKUP: Fine Arts Building at 25th & Carpenter, adjacent to the Finish, April 29 - 4 to 7 p.m. and April 30 - 7 to 7:30 a.m. ASICS socks to the first 2000 who pick up their packets on Friday, April 29. (must be pre-registered entrants).

COURSE: Half Marathon is rolling and 8K is flat and fast. All miles marked with lots of aid stations and mile splits. Time limit 1 hour for 8km & 2 1/2 hours for Half-Marathon

FINISH: 25th & Carpenter adjacent to the Fine Arts Building, two blocks from the start. Food, drink, showers, etc available.

MORE INFORMATION: See FitnessSports.com or Drake Relays.org

43nd Drake Relays On-the-ROADS Entry Form - - Saturday, April 30, 2011 - - 8 a.m Start

**** Name (last name/first name) - - Please print neatly and fill out all boxes completely) ****

***Age of 4/30** ***Sex** ***Half? *8k?**

Mailing Address

Birth Date: month - day - year

City

State

Zip Code

**** E-mail Address - Please print neatly ****

Shirt Size

Predicted Time

In consideration for the opportunity to participate in this event, I release all groups and persons, including the City of Des Moines, Iowa and the Drake Relays On-the-ROADS officials, sponsors, contributors, volunteers, etc., from any and all liability for any injury or damages whatsoever arising from any participation in the this event. I also authorize any medical treatment deemed advisable by any licensed physician to relieve any injuries or illness while a participant or observer. I certify that I have read this document and agree with its content.

Date_____ Signature (parent or guardian if under 18)_____

PLEASE NOTE:
Must fill out * BOLD
Please complete all boxes.
Release signed?
Mail before deadline?
Correct amount paid?

Entry Fee - payable to Drake Relays
(GetMeRegistered.com through noon 4/27

☐ **20 dollars for 8km**
(through Wednesday - 4/20)

☐ **25 dollars for Half-Marathon**
(through Wednesday - 4/20)

☐ $25 (4/29) or $35 (4/30) - 8km
$30 (4/29) or $40 (4/30) - Half

Don't mail after April 20, 2010
No refunds and No tranferring numbers

MAIL TO: Drake Relays On-the-ROADS, 1631 38th Street, Des Moines, Iowa 50310